

# NFTO News



Dear NFTO Members,

This should be called the rhododendron newsletter! To those national representatives who travelled to Latvia for our annual meeting it was a pleasure to be with you and thank you for your work in our meetings. It was a very productive weekend starting with scientific presentations on Thursday from Latvia, Lithuania, and Estonia on the development and current picture of family therapy in their associations. On Friday more presentations on addictions, working with refugees, multi family groups and creative techniques.



What a wonderful meeting and what great care was taken by Andzelika, Inga and their team in the organisation and planning of the meeting. New relationships were made with our representative from Montenegro and the emergence of a strong regional group of NFTO's Latvia, Lithuania and Estonia.

The representatives of these "Baltic Sisters" are pictured below.



## **New Members**

The NFTO board has approved the membership of two national associations.

### **Bosnia Herzegovina**

#### **UDRUŽJE SISTEMSKIH TERAPEUTA (UST)**

Welcome to the Association of Systemic Therapists of Bosnia and Herzegovina and

its president Violeta Banić. The association formed in 2011 has as its aims the promotion of systemic/family therapy and the education of new professionals in this area. Currently they have 32 members, drawn from the professions of Psychology, Medicine and social work.

### **Croatia**

#### **HRVATSKO DRUŠTVO SISTEMSKJE (HDSP)**

We also welcome the association for systemic psychotherapies of Croatia and its president Ivana Sindik. The goals of the association are to represent, coordinate, promote and improve the work of systemic psychotherapists in their association. With 31 fully accredited therapists drawn from the professions of medicine, psychology and social work. The NFTO board is looking forward to meeting the representatives of our new members and their contribution to our Organisation.

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## Jubilee celebrations in Estonia



On the 26<sup>th</sup> May our Estonian colleagues celebrated 25 years since their founding with a Jubilee conference. Founder members were presented with the beautiful genogram pins that Jelena had shown the NFTO representatives in Riga and messages of congratulations from the EFTA president and NFTO chair were received by the congress. Thanks to Jelena Põldsam for sending pictures of the cake!



## Looking Ahead.



The EFTA Conference countdown has begun we are approaching 10 weeks to go to Athens. Please complete your registration and booking on the conference website if you are attending. The NFTO board has created a working group for the NFTO symposium and will build on the ideas generated in Riga by the chamber.

## Elections



The elections to the new NFTO board will take place in Athens. The nomination stage for election is now concluded. We had some significant problems with the email submission system this led to the election committee chair

extending the deadline for nominations. The next stage will be the circulation of candidate profiles should be arriving in your inbox soon.

On behalf of the NFTO board enjoy what remains of the summertime. Here is the Family Photo from the Botanical gardens in Riga.



Monica Whyte

Chair NFTO chamber